

Aikido Kenkyukai Australia

Friendship Gasshuku

'Friendshuku 3'

November 24 and 25 2018

Program of Events	Training Schedule	Evening
Saturday 24 th November 2018	1000-1230 Registration, Keiko and lunch at Harmony. 1300 - 1730 Keiko at Davey Street	1900 Dinner at Harmony Centre
Sunday 25 th November 2018	0900-1230 Keiko at Davey Street	

General Information

'Friendshuku 3' again offers the opportunity for a traditional Japanese live-in style Gasshuku. We will again be accommodated at the Harmony Foundation in Mittagong. We have arranged for Saturday evening dinner to be catered at the Harmony Centre allowing more time to relax and enjoy good company and the lovely atmosphere without having to drive or arrange transport.

Every effort will be made to accommodate folk travelling from afar and those with specific needs. **Please let us know ahead of time** if you have any specific requirements (i.e. Gluten Free, Dairy Free, Vegetarian, Allergies). More details are provided in the enrolment form below.

We are aiming to provide time for people to socialise and connect and be with one another on and off the mat. This is part of what the friendship weekend is about.
Please bring shoes and hat for outdoor training.

Enrolments

Please complete the enrolment form below and forward to:

Email: info@aikimovesdojo.com

Venue

Ta Mo Tao Martial Arts Centre, 1/8 Davy St Mittagong, NSW

Accommodation

Harmony Foundation, 11 Beresford St Mittagong, NSW

Enquiries

Jeffrey on 0418 616 217

Fees and Early Birds

Training Fees, Accommodation and Dinner on Saturday night are all included in fees for the event. As such there is no Early Bird price. However Early Birds will have more choice around sleeping options (see Accommodation Preferences below).

Payment

To secure your place, please make payment by direct debit to:

Account Name: Aikido Kenkyukai West Ryde
BSB: 062-271
Account No: 1025-4665

Note: Please include your name in the direct debit description so we can confirm payment.

Waivers

Waivers must be signed and presented at registration on Saturday 25 November. Please bring signed waivers with you at time of registration.

Accommodation Preferences

All Participants will be staying together at the Harmony Foundation in Mittagong - 5 minutes' drive from the town centre and dojo.

The Harmony Foundation can now only comfortably accommodate 35 to 40 people as detailed below. However we will make every effort to accommodate latecomers.

There are 3 Accommodation Options available and will be apportioned according to preference and on a **first in best-dressed** basis.

NOTE:

As per last year accommodation options are self-catered to minimise costs and will necessitate folk cleaning up after themselves, as if at home (a walking on the earth lightly approach).

Last year our hosts were delighted with how we treated our accommodation, I am sure this year we will offer the same.

Saturday Evening Dining

Dinner this year will be onsite at the Harmony Centre supplied by a local caterer.

The dining will begin with canapés and some mingling followed by a main meal and desert.

We know some of you have specific dietary needs so please indicate your preferences on the Enrolment Form following.

2018 3rd National Friendship Gasshuku Enrolment Form

Contact Details

Name	
Address or Email	
Phone Number	
Home Dojo	

Event	Price	Attendance
Full training \$160 Saturday and Sunday	\$160	Yes/No
Accommodation	Inclusive	Yes/No
Saturday lunch, dinner and Sunday Breakfast provided	Inclusive	Yes/No
Total Amount Payable	\$160	
Date of Bank Transfer		

Accommodation Preferences

First in best dressed. Please indicate your preference below. We will do our best to accommodate you.

Option 1 – Cottages and Dormitory (Accommodates 25)
(BYO Linen, Blankets, Towels, Pillows, Toiletries etc)

Option 2 – The Conference Room or the Shed - Japanese Style (accommodates 30 approx.)
(BYO Linen, Blankets, Towels, Pillows, Toiletries and Mattress or Swag etc)

Option 3 – Camping: your Tent, your Campervan or your Motor Home
(BYO Everything)

Dining Preferences

Love it All

Vego

Dairy Free

Vegan

Gluten Free

Allergies

Please Specify: _____